



ALLY ISEMAN

Public Speaker + Executive Relationship Coach

Certified Consent + Communication Specialist

Creator of *The Limitless Love Formula*

PASSPORT  PLEASURE



COSMOPOLITAN

The Guardian

romper



boredpanda

**well+
good**

PureWow

yahoo!life

Ally Iseman is a writer, relationship coach, and non-monogamy expert based in Los Angeles who has been featured as a subject matter expert in countless publications like *Cosmopolitan*, *Well+Good*, *Romper*, *PureWow*, *Yahoo!* and more. A former serial monogamist and recovering people pleaser, she uses her proprietary framework *The Limitless Love Formula* to help busy couples on the brink build bulletproof relationships that LAST

She has been a speaker, community organizer, and non-monogamy educator and practitioner since 2016, committed to promoting consensual, empowered, and respectful interactions as a leader within the sex-positive space.

As a certified consent and communication specialist, Ally sits on the executive leadership board of one of LA's most distinguished sex-positive nightlife events. She regularly shares her insights on podcasts and at live events, and has been quoted on numerous consumer and industry-facing platforms, further solidifying her reputation as a knowledgeable and influential voice on the subject of non-monogamy and inclusive relationship dynamics.



Ally Iseman





Passport 2 Pleasure offers concierge guidance and online courses and resources for curious couples and individuals exploring expansive relationship dynamics.



ENM 101
Exploring Healthy Non-Monogamy

THE LIMITLESS LOVE FORMULA

Through The Limitless Love Formula Ally helps curious couples and individuals discover their Ideal Relationship Structure in order to build their most mutually-fulfilling, lifelong relationship.

Speaking TOPICS

COMMUNICATION

-  **Optimizing Relationship Dynamics:** How You Relate To Anyone Is How You Relate To Everyone

SEX-POSITIVE

-  **Three's A Crowd(pleaser):** How To Be or Welcome In The Best Unicorn

SELF-HELP

-  **Open Up To Level Up:** 3x Your Personal Growth by Opening Up Your Relationship

LOVE & RELATIONSHIPS

-  **The Non-Monogamy Blueprint™:** If You're In A Couple, You're Already In A Threesome

BUSINESS

-  **Reciprocal Romance:** The Lost Art of Net-Positive Relationships

Clickbait HEADLINE IDEAS

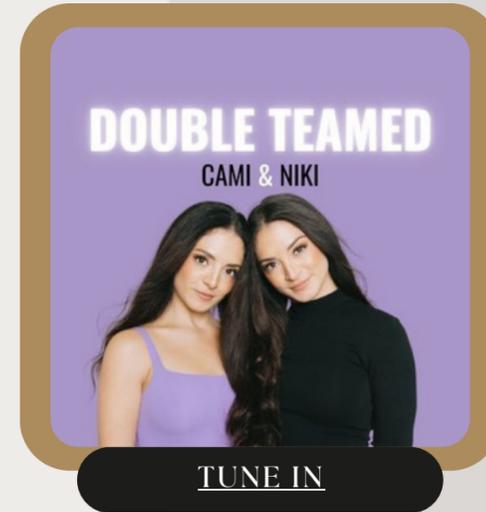
-  **Love On Purpose: Is Your Relationship By Default or By Design?**
-  **Non-monogamy can't save your marriage, but it could save your divorce!**
-  **Three's a Crowd(pleaser): How To Open Up Without Blowing Up**
-  **If Our World Leaders Were Better F*cked, We'd Be Less F*cked**
-  **Post Monogamy: There's No Such Thing As Non-Monogamy**
-  **If You're In A Couple, You're Already in A Threesome**

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20+ PODCAST APPEARANCES

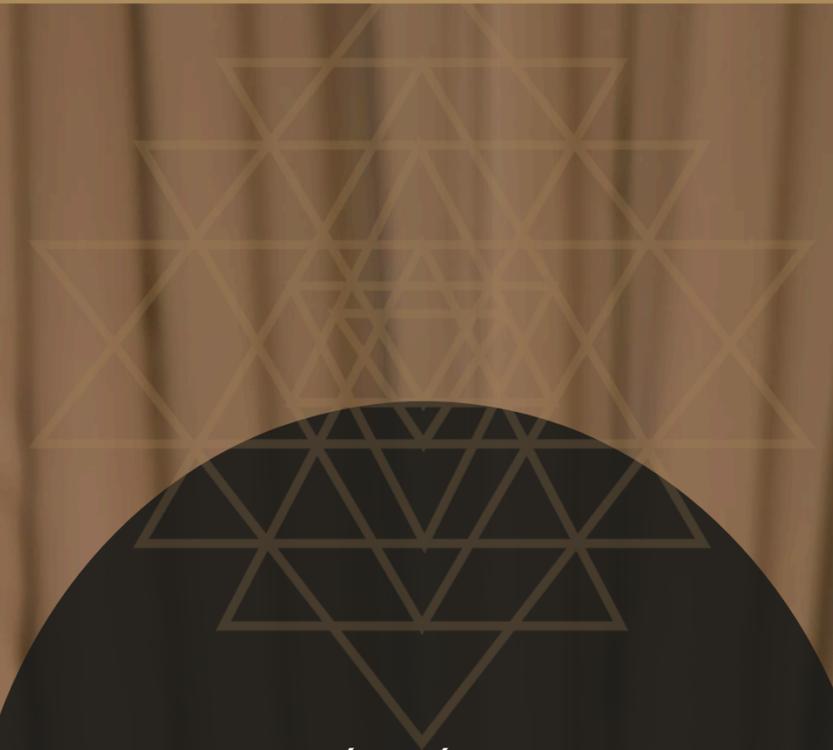
[click here to see more features](#)



“Ally is a renaissance woman of alternative relationships. She is a thoughtful curator of community, a sharp interviewee, and a passionate businesswoman. Whether you want to learn, listen, experience, grow, and/or feel held in exploration of non-monogamy, Ally is a skilled guide and facilitator.”

-Nicoletta Heidegger,
Sluts & Scholars

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Thank You

THE ~~END~~ BEGINNING

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For inquiries please contact:
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